



WELL-BEING AND WELL-BECOMING IN SCHOOLS RESEARCH INITIATIVE

wellbeinginschools.ca

Symposium

*Envisioning Flourishing Schools:
Voices from Students, Educators, and Researchers
on Well-being and Well-becoming in Schools*

Friday, 23rd November 2018

8:30-15:30

Education Building, University of Manitoba

This symposium will offer participants multiple opportunities to consider how well-being and well-becoming can be the core of planning and practice in schools in Manitoba. Sessions throughout the day will include research talks, facilitated discussions, school divisional case studies from across Manitoba, and an arts-based session designed specifically for youth. An event schedule can be found below.

This event continues the engagement from our symposium in May 2017 on “Mental Health and Well-Being and Well-Becoming in Schools” at <http://www.eswbrg.org/conference-2015.html>).

You will need to register for the symposium in advance and select those sessions in the morning that you like to attend. To register, please follow the instructions below. Please register early, because the number of participants is limited. Registration deadline is 10th November 2018.

Participation fee: **\$50** (includes lunch and refreshments)
 Students (youth) are FREE (2 students per division)

To register, please go to <http://wellbeinginschools.ca/events/>
or http://umanitoba.ca/faculties/education/media/Well_Being_symposium_Registration_Nov2018.pdf

For inquiries about the event, please contact:

Jen Watt (Jennifer.Watt@umanitoba.ca) OR Heather Krepski (krepskih@myumanitoba.ca)

Event Schedule: Friday, November 23, 2018

- 8:30-9:00 Refreshments
- 9:00-9:20 Land Acknowledgement
Welcome remarks (Jennifer Watt & Heather Krepski)
- 9:20-9:35 Setting the Context (Thomas Falkenberg)
- 9:35-9:45 Brief coffee break
- 9:45-10:50 Working Group Session A
- Session 1:** *Student Well-Being and Well-Becoming as a Condition for and an Indicator of Student Success: What Might This Mean?* (Thomas Falkenberg)
 - Session 2:** *Children's Well-Being and the Tradeoffs Schools Must Make: A Philosophical Perspective* (Sarah Hannan and Heather Krepski)
 - Session 3:** *Now and Future Orientation as Core Conditions for Student Well-Being and Well-Becoming: How Could These be Worked into Everyday School Practices?* (Grace Ukasoanya)
 - Session 4:** *"Making" Teacher Wellbeing a Priority: Creating your Living Map of Flourishing* (Jennifer Watt and Sabre Cherkowski)
- 10:55-12:00 Working Group Session B (repeat of the earlier sessions)
- Session 5:** *Student Well-Being and Well-Becoming as a Condition for and an Indicator of Student Success: What Might This Mean?* (Thomas Falkenberg)
 - Session 6:** *Children's Well-Being and the Tradeoffs Schools Must Make: A Philosophical Perspective* (Sarah Hannan and Heather Krepski)
 - Session 7:** *Now and Future Orientation as Core Conditions for Student Well-Being and Well-Becoming: How Could These be Worked into Everyday School Practices?* (Grace Ukasoanya)
 - Session 8:** *"Making" Teacher Wellbeing a Priority: Creating your Living Map of Flourishing* (Jennifer Watt and Sabre Cherkowski)
- 12:00-12:55 Lunch
- 13:00-13:45 Flourishing in the Field: Sessions from School Divisions (breakout rooms)
- Youth session 1:** Sharing what well-being means for students
 - Session 9:** School divisions present
 - Session 10:** School divisions present
- 13:50-14:10 Well-being break and coffee
- 14:15-15:00 Flourishing in the Field: Sessions from School Divisions (breakout rooms)
- Youth session 2:** Expressing through art what well-being means for students
 - Session 11:** School divisions present
 - Session 12:** School divisions present
- 15:00-15:30 Closing Session:
- Hearing from youth and participants
 - Closing remarks

The focus of the symposium is directly linked to the following additional, free, public event, that takes place on the evening prior the symposium:

Faculty of Education Annual Joan Irvine Lecture
Thursday, Nov. 23, 2018 7:00 – 8:30 Room 224 Education Building

Teacher Well-Being Matters: Exploring What it Means to Notice, Nurture and Sustain Flourishing in Schools

Teachers play a crucial partnership role in fostering well-being in their students' lives, and so understanding how to promote teachers' well-being is currently receiving international attention. In this talk, Dr. Sabre Cherkowski will provide an overview of the findings from her recently completed research on teacher well-being, designed from a positive organisational perspective to focus on factors, forces, and dynamics that interact to explain how it is that certain schools and people in schools flourish. The purpose of this research project was to understand what it means for teachers to flourish in their work and to be able to contribute new knowledge about theory and practice of teacher well-being. Drawing on her recent publications emerging from this research, Dr. Cherkowski will offer theoretical insights and practical experiences to notice, nurture, and sustain flourishing in schools. While this research was carried out with educators in public school settings, the findings and resulting tools and strategies will be of interest to individuals and groups in varied work and learning settings.

Dr. Sabre Cherkowski, PhD, is Associate Professor and Director of Graduate Programs in the Okanagan School of Education in the Faculty of Education at University of British Columbia. She teaches and researches in the areas of leadership in learning communities, professional development and collaboration, mentoring and coaching, moral agency and educational leadership, and diversity and education. She is currently engaged in a multi-year research project examining flourishing in schools from a positive organizational perspective. She brings her experiences as a teacher, coach, and parent to her passion for exploring what it means to flourish in work and life.

For more information, please email: Jennifer.Watt@umanitoba.ca